

# William Schultz, MA

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## Education

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Clinical Psychology, PsyD student (August 2013 – Present)

Minnesota School of Professional Psychology at Argosy University, Eagan, MN, 55120.

GPA: 3.74

Clinical Psychology, MA Student (August 2012 – August 2013)

Argosy University, Eagan, MN, 55120.

(transferred to PsyD program)

Psychology, Undergraduate Student (January 2012 – August 2012)

Argosy University, Eagan, MN, 55120.

(transferred to MA program)

Philosophy (Honors), Bachelor of Arts (May 2007)

Concordia College, Moorhead, MN, 56562.

## Clinical Training Experience

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**Advanced Practicum Student** (August 2017 – May 2018)

University of Minnesota Student Counseling Center, Minneapolis, MN, 55455

Supervisor: Dr. Alexa Fetzer, PhD, LP; Dr. Mark Groberksi, PhD, LP

*Role:* Conducted initial consultations, walk-in crisis interventions, and provided individual counseling using person-centered and cognitive-behavioral interventions with a diverse population of university students.

**Advanced Practicum Student** (September 2016 – June 2017)

Brakins Consulting and Psychological Services, Golden Valley, MN, 55422

Supervisor: Dr. Pearl Barner II, PhD, LP

*Role:* Conducted diagnostic assessments, comprehensive psychological assessments, and provided individual and couples psychotherapy using person-centered and cognitive-behavioral interventions with a predominately African-American population.

**Therapy Practicum Student** (September 2015 – August 2016)

Watercourse Counseling, Minneapolis, MN, 55408

Supervisor: Dr. Jean Eich, PsyD, LP

*Role:* Conducted diagnostic assessments, coordinating with school faculty and personnel, and provided child-centered play therapy to a diverse population of Minneapolis Public School students, aged six through eleven.

**Clinical Assessment Practicum Student** (September 2014 – August 2015)

Argosy University Student Counseling Services, Eagan, MN, 55120

Supervisor: Dr. Nicholas Griffith, PsyD, LP

*Role:* Conducted diagnostic assessments and comprehensive psychological assessments with students and family-members of students attending Argosy University.

**Employment**

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**Mental Health Practitioner - Independent Contractor** (July 2016 – Present)

Maplewood Psychology, Maplewood, MN

Supervisor: Dr. Jean Eich, PsyD, LP

*Role:* Conducting diagnostic assessments and providing person-centered and/or cognitive-behavioral therapy to adolescents and adults. 1,236 hours of individual psychotherapy with 55 clients of diverse ethnic and socioeconomic backgrounds provided from July, 2016 to present.

**Writing Mentor** (October 2013 – August 2016)

Argosy University, Academic Resource Center, Eagan, MN

*Role:* Assisted undergraduate and graduate students in structuring, outlining, APA formatting, and editing written assignments.

**Mental Health Practitioner** (May 2013 – August 2013)

People Incorporated, St. Paul, MN

*Role:* Provided mental health interventions/rehabilitation work in an intensive residential treatment setting to women with severe and persistent mental illness.

**Research**

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Peer-reviewed journal articles:

Schultz, W. (2018). Biogenetic etiologies of mental disorders: Stigma, mental health literacy, and prognostic pessimism. *The Behavior Therapist*, 41(4), 188-194.

Schultz, W. (2017). Explaining depression in clinical settings: Shortcomings and dangers of simplified analogies. *Ethical Human Psychology and Psychiatry*, 19(1), 51-64.

Schultz, W., & Hunter, N. (2016). Depression, chemical imbalances, and feminism. *Journal of Feminist Family Therapy*, 28(4), 159-173.

Schultz, W. (2016). Child-centered play therapy. *Reason Papers*, 38(1), 21-37.

Hunter, N., & Schultz, W. (2016). White paper: Brain scan research. *Ethical Human Psychology and Psychiatry*, 18(1), 9-19.

Schultz, W. (2015). Neuroessentialism: Theoretical and clinical considerations. *Journal of Humanistic Psychology*, published online before print, December 3, 2015, doi:10.1177/0022167815617296.

Schultz, W. (2015). The chemical imbalance hypothesis: an evaluation of the evidence. *Ethical Human Psychology and Psychiatry*, 17(1), 60-75.

In preparation:

Schultz, W. (2019). *Mental health: Biology, agency, meaning*. Fargo, ND: Theran Press.

Schultz, W. (revise and resubmit). Biogenetic etiologies of obsessive-compulsive disorder. In preparation for the *Journal of Obsessive-Compulsive and Related Disorders*.

Schultz, W. (in progress). Biogenetic etiologies of mental disorders: A review of stigma research. In preparation for *Ethical Human Psychology and Psychiatry*.

Presentations:

*Neuroessentialism: Theoretical and Clinical Considerations.*

Minnesota Psychological Association: 81<sup>st</sup> Annual Convention  
Crown Plaza Minneapolis West (April 2017)

*The Chemical Imbalance Hypothesis.*

Minnesota School of Professional Psychology 4<sup>th</sup> Annual Graduate Conference  
Argosy University Twin Cities (March 2015)

*The Chemical Imbalance Hypothesis of Depression: An Evaluation of the Evidence.*

Culture & Psychiatry: 2014 PsychSIGN Mid-Atlantic Regional Conference  
Drexel University College of Medicine (November 2014)

*The Etiology of Schizophrenia: The Predominance of Interpersonal and Cognitive Causes.*

Minnesota School of Professional Psychology 3<sup>rd</sup> Annual Graduate Conference  
Argosy University, Twin Cities (March 2014)

*A Review of The Emperor's New Drugs: Exploding the Antidepressant Myth.*

Minnesota School of Professional Psychology 2<sup>nd</sup> Annual Graduate Conference  
Eagan Community Center (March 2013)

*Reason and Emotion in Stoic Thought.*

Minnesota Student Philosophical Association Conference  
St. Cloud State University (April 2007)

*St. George and the Dragon: The Ethics of the Other.*  
Rourke Art Museum Lectures  
The Rourke Art Museum (April 2007)

*St. George and the Dragon: The Ethics of the Other.*  
Orland J. Rourke Memorial Lecture Series  
Concordia College (March 2007)

*Tranquility through Sharpness: Stoic Philosophy for Living.*  
Concordia College Student Lecture Series  
Concordia College (November 2006)

*Religion, Free Will, & Culture.*  
Fall Peace Prize Forum  
Concordia College (October 2006)

### **Professional and Affiliate Memberships**

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American Psychological Association  
Anxiety and Depression Association of America  
Association for the Advancement of Philosophy and  
Psychiatry  
Minnesota Psychological Association

International OCD Foundation  
Society for Humanistic Psychology  
Society for Theoretical and Philosophical  
Psychology

### **References**

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Dr. Mark Carlson-Ghost, PhD, LP  
Minnesota School of Professional Psychology  
1515 Central Parkway, Eagan, MN, 55121  
[mcarlsonghost@argosy.edu](mailto:mcarlsonghost@argosy.edu)

Dr. Jean Eich, PsyD, LP  
Maplewood Psychology  
2399 Ariel St N, #D, St Paul, MN, 55109  
[jeaneich@gmail.com](mailto:jeaneich@gmail.com)

Dr. Alexa Fetzer, PhD, LP  
University of Minnesota Student Counseling Services  
340 Appleby Hall, 128 Pleasant Street SE,  
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